

— Guide to —

Tobacco Treatment Programs

in New York City

Still
smoking or
vaping?
Find help now.

For more information about medication and counseling options, talk to your health care provider. Most health insurance plans, including Medicaid, cover services to help you meet your goals.

For additional tobacco treatment resources, call **311, scan the QR code below or visit **nyc.gov/nycquits**.**



Bronx

 **Albert Einstein College of
Medicine, Montefiore Einstein
Cancer Center**

 **Be BOLD Quit Smoking Program**

1300 Morris Park Ave.

Bronx, NY 10461

718-430-2597


The program is open to Bronx residents.

Call or email cancersupport@einsteinmed.edu to register for virtual group counseling offered through Zoom and by telephone. Referrals to a provider are available for cessation medications.

 **NYC Health+Hospitals/Jacobi
Smoking Cessation Program**

 1400 Pelham Parkway South


Building 1, Room 4W2


 Bronx, NY 10461

718-918-3907

Call for an appointment.

 **NYC Health+Hospitals/Lincoln
Smoking Cessation Program**

 234 E. 149th St.

 Bronx, NY 10451

718-579-4943 or 718-579-6570

Get referred through a Lincoln Hospital provider.
Services are provided in English and Spanish.

Brooklyn

 **NYC Health+Hospitals/
Kings County**

 **Smoking Cessation Program**

 451 Clarkson Ave.

E-Building, Seventh Floor, Room E67

 Brooklyn, NY 11203

718-245-2782 or 800-481-3293

Call for an appointment and information about group sessions.

Services are provided in English and Spanish.

Legend



Individual
Counseling



Telephone Counseling



Free or Low-cost
Medications



Charges a Fee



Group Counseling
or Support Group



Video Counseling
or Telemedicine



Vaping Cessation

Manhattan



Asian Americans for Equality



Smoking Cessation Program



111 Division St.

New York, NY 10002

212-979-8988

No appointment required. Open Monday to Friday, 9 a.m. to 5 p.m.

Services are provided in English, Mandarin, Cantonese, Fuzhounese and Toishanese.



Charles B. Wang Community Health Center



Smoking Cessation Program



268 Canal St., Fourth Floor

New York, NY 10013

212-941-2188 (extension 2424) or

212-966-0461

Call for an appointment.

Free in-person or telephone cessation services are provided in English, Mandarin and Cantonese.



Harlem Health Advocacy Partners



Public Health Solutions



East Harlem Neighborhood Health Action Center

158 E. 115 St.

New York, NY 10029

646-619-6737

Program serves NYCHA residents living in ZIP codes 10026, 10029 and 10035.

Call 646-682-3375 or email

hhap@health.nyc.gov for more information.

Services are provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program



315 Fifth Ave., #705

New York, NY 10016



212-463-9685

Call for an appointment. Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean and English.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



**Memorial Sloan Kettering
Cancer Center (MSKCC)**



Tobacco Treatment Program



641 Lexington Ave., Seventh Floor



New York, NY 10022



212-610-0507

Call for an appointment to discuss cessation options. Telemedicine services are available. MSKCC providers can prescribe cessation medications, which are usually covered by health insurance.

Services are provided in multiple languages.



**Memorial Sloan Kettering
Cancer Center (MSKCC)**



Ralph Lauren Center, Harlem



1919 Madison Ave.



New York, NY 10027

212-987-1777

Call for more information. Counseling is available in person, by phone and through telemedicine. MSKCC providers can prescribe cessation medications, which are usually covered by health insurance.

Services are provided in multiple languages as well as through interpreter services.

Mount Sinai

Margarita Camche Smoking Cessation Clinics

For both of the following programs, counseling and prescriptions are available. Most insurance plans are accepted; a sliding fee scale is available for uninsured patients.

Services are provided in English and Spanish.



Mount Sinai West



1000 10th Ave. (at West 59th Street)



New York, NY 10019

212-523-6056

Call for an appointment.



Mount Sinai Morningside



1111 Amsterdam Ave. (at West 114th Street)



New York, NY 10025

212-523-4410

Call for an appointment.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Manhattan



NewYork-Presbyterian Hospital/Columbia Campus Ambulatory Care Network Tobacco Cessation Program



21 Audubon Ave.
New York, NY 10032
347-266-7441

Call for an appointment.

Most Medicaid and Medicare plans are accepted.

For details, visit nyp.org and search for **ambulatory network participating plans**.

Services are offered virtually through telehealth or by telephone and provided in English and Spanish.



NewYork-Presbyterian Hospital/Cornell Campus Ambulatory Care Network Tobacco Cessation Program



505 E. 70 St.
Helmsley Tower, Fourth Floor
New York, NY 10021

Call for an appointment: 212-746-2900, option 1.

Most Medicaid, Medicare and commercial plans are accepted.



NYC Health+Hospitals/Bellevue Smoking Cessation Program



462 First Ave.
New York, NY 10016
212-562-8710

Call for an appointment.

Services are available in English and Spanish and through interpreter services.



NYC Health+Hospitals/ Gotham Health Sydenham Health Center



264 W. 118th St.
New York, NY 10026
212-932-6336

Call for an appointment. Same-day appointments are available.

Services are provided in English and Spanish.

Legend



Individual
Counseling



Telephone Counseling



Free or Low-cost
Medications



Charges a Fee



Group Counseling
or Support Group



Video Counseling
or Telemedicine



Vaping Cessation



Dyckman Family Health Center



175 Nagle Ave. (at 200th Street)



New York, NY 10034



212-544-2001

Call for an appointment.

Services are provided in English and Spanish.



Gouverneur



227 Madison St., Second Floor



New York, NY 10002



212-441-5391 or 212-238-8130

Get referred through a Gouverneur Hospital provider.

Services are provided in English, Spanish, Bengali, Cantonese and Mandarin.



NYC Health+Hospitals/Harlem



Smoking Cessation Program



46 W. 137th St.

Third Floor Medicine Clinic

New York, NY 10037

212-939-8222

Walk-in appointments are available Monday to Friday, 8 a.m. to 4 p.m.

Services are provided in English and Spanish.



**NYC Health+Hospitals/
Metropolitan**



Smoking Cessation Program



1901 First Ave.

New York, NY 10029

212-423-6510 or 212-423-6511

Get referred through a Metropolitan Hospital provider.

Services are provided in English and Spanish.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Queens



Charles B. Wang Community Health Center



Smoking Cessation Program



131-72 40th Rd.

Flushing, NY 11354

718-587-1232

Call for an appointment for free in-person or telephone cessation services.

Services are provided in English, Mandarin, Cantonese and Toishanese.



Flushing Hospital Medical Center



Stop Smoking Program



4500 Parsons Blvd.

Flushing, NY 11355

718-206-8494 or 718-670-3115

Call for an appointment.

The program is provided in English and Spanish.



Jamaica Hospital Medical Center



Stop Smoking Program



134-20 Jamaica Ave.

Jamaica, NY 11418

718-206-8494

Call for more information on program workshops.

The program is provided in English and Spanish.



Korean Community Services



Tobacco Cessation Navigation Program



203-05 32nd Ave.



Bayside, NY 11361

718-939-6137

Call for an appointment. Telephone cessation services and nicotine medications are provided in collaboration with the Asian Smokers' Quitline.

Services are provided in Korean and English.



NYC Health+Hospitals/Queens



Smoking Cessation Program



82-68 164th St.



Jamaica, NY 11432

718-883-3774

Call for an appointment.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

Staten Island



Richmond University Medical Center



V Tobacco Cessation Program

355 Bard Ave.

Staten Island, NY 10310

718-818-2391

A free program is available. Call for an appointment.

Regional



Montefiore Health System



Tobacco Cessation Program



3 Executive Blvd.

Yonkers, NY 10701

914-354-5604

healtheducation@montefiore.org

Request a referral to affiliated services in the Bronx and Westchester County from a Montefiore provider.



Northwell Health Center for Tobacco Control



1981 Marcus Ave., Suite E110



New Hyde Park, NY 11042

516-466-1980



Individual counseling by phone or telehealth, virtual support groups, and medications are provided at no cost (if insurance does not cover the medications). Call to enroll or for more information.



Other Resources



New York State Smokers' Quitline



Enroll to talk to a quit coach and apply for a free starter kit of nicotine medications.



Visit nysmokefree.com or call 866-NY-QUITS (866-697-8487).

Legend



Individual
Counseling



Telephone Counseling



Free or Low-cost
Medications



Charges a Fee



Group Counseling
or Support Group



Video Counseling
or Telemedicine



Vaping Cessation

Other Resources

GetCoveredNYC

Do you need health insurance to cover treatment? Get free enrollment assistance to sign up for low-cost or no-cost health insurance, including Medicaid. Call **311** or visit **nyc.gov/health/healthcoverage** to connect with an enrollment counselor from the New York City (NYC) Department of Health and Mental Hygiene.



This is Quitting



For help quitting vaping, teens and young adults (ages 13 through 24) can text “DROPTHEVAPE” to 88709 to join a texting support program. Parents can also text “QUIT” to 202-899-7550 to receive daily advice to help youth quit. Visit **truthinitiative.org/about-this-is-quitting** to learn more.



American Lung Association



Telephone counseling and an online Freedom From Smoking program are available.



Visit **lung.org/quit-smoking** or call 800-LUNG-USA (800-586-4872).



Asian Smokers' Quitline



For free resources, self-help materials and nicotine patches, call 800-838-8917 (Chinese), 800-556-5564 (Korean) or 800-778-8440



(Vietnamese), Monday to Friday, 10 a.m. to



midnight, or visit **asiansmokersquitline.org**.

Counseling is provided in Cantonese, Mandarin, Korean and Vietnamese.



National Cancer Institute



To speak with a trained smoking cessation specialist, call 877-448-7848, Monday to Friday, 9 a.m. to 9 p.m., or visit



smokefree.gov/tools-tips/speak-expert.

Services are provided in English and Spanish.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation



National Cancer Institute: QuitVET



QuitVET serves military veterans who receive health care through Veterans Affairs.

The program includes counseling and follow-up calls. Counselors are available Monday to Friday, 9 a.m. to 9 p.m. Call 855-QUIT-VET (855-784-8838) or visit mentalhealth.va.gov/quit-tobacco.

Services are provided in English and Spanish.



Nicotine Anonymous

To obtain group support services, visit nymainica.org (NYC metropolitan area), call 877-TRY-NICA (877-879-6422) or email info@nicotine-anonymous.org.



NYC BigAppleRx Prescription Discount Card



This card provides discounts on tobacco treatment medications. Prescriptions are required for all medications, including over-the-counter medications. For more information, call 888-454-5602 or **311**, or visit bigapplerx.com.



Smoke-Free NYCHA



This program provides public housing residents with free support to quit or cut back on their tobacco use, connections to other wellness resources and education on NYCHA's smoke-free policy. For more information, visit on.nyc.gov/nycha-smoke-free or email smoke-free@nycha.nyc.gov.

Not ready to quit?

No matter what your goals are, treatment options are available. Learn more about how medications can help you cut back or stay smoke-free in places and situations where smoking is not allowed: Call **311**, or visit nyc.gov/health and search for **coping with nicotine withdrawal**.

Legend



Individual Counseling



Telephone Counseling



Free or Low-cost Medications



Charges a Fee



Group Counseling or Support Group



Video Counseling or Telemedicine



Vaping Cessation

**Each time you
reach out for help,
you make progress.**