

Tara Larkin-Fredericks, LMSW

Ms. Larkin-Fredericks is currently the Director of Special Projects at Clubhouse of Suffolk. She began her work at Clubhouse in 2004 as Clinical Coordinator for the Smoking Cessation Project, started by way of a grant from the New York State Department of Health. In this role, and later as Program Director, Tara gained Statewide and national distinction for her skills as a trainer and developer of curriculum for assisting programs to successfully implement strategies to assist their clients with psychiatric disabilities and co-occurring nicotine addiction to reduce or stop smoking. She was also responsible for the development of a statewide consumer awareness campaign entitled, "We Want Our 25 Years Back". She was trained as a Tobacco Dependence Treatment Specialist through the University of Medicine and Dentistry Tobacco Dependence Program.

Following completion of the Health Department grant projects, Tara was promoted to her current position where she has assumed responsibility for the design of project curriculum, management of peer support services, individual treatment planning, tobacco policy development and staff training. Included in this has been the development of our Young Adults and Leadership tracks as well as Charlotte's Table and Helping Hands of the East End food pantries.

Tara obtained her Bachelors Degree from Binghamton University and her MSW from Stony Brook University. Prior to her work with Clubhouse of Suffolk, Ms. Larkin-Fredericks has worked in numerous settings strengthening her advocacy, organizational and clinical skills including the Alumni Office at Stony Brook University, the New York City and Long Island offices of Senator Hilary Clinton, and the Center for the Disabled.