

## CURRICULUM VITAE

April 2011

**Jill Marie Williams, M.D.**

Maiden Name: Cocchiola

### PRESENT TITLE:

Associate Professor of Psychiatry with Tenure, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2008-

Director, Division of Addiction Psychiatry, UMDNJ-Robert Wood Johnson Medical School. 2007-present

Residency Program Director, Addiction Psychiatry Residency Program, UMDNJ-Robert Wood Johnson Medical School. 2007-2009

Associate Director, Division of Addiction Psychiatry, UMDNJ-Robert Wood Johnson Medical School. 2006-2007

Associate Residency Program Director, Addiction Psychiatry Residency Program, UMDNJ-Robert Wood Johnson Medical School. 2006-2007

Associate Professor of Psychiatry, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2005-present.

Associate Professor. Department of Health Education and Behavioral Science. UMDNJ-School of Public Health. 2004-present.

Director of Mental Health Tobacco Services, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2002-present.

Assistant Professor of Psychiatry, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 1997-2005.

Visiting Professor, Rutgers University Center of Alcohol Studies. 2003-present

Member of the Cancer Institute of New Jersey. 2002-present

Staff Psychiatrist. University Medical Group. UMDNJ. July 2001- present.

### ADDRESS:

UMDNJ-Robert Wood Johnson Medical School  
Division of Addiction Psychiatry  
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New Brunswick, NJ 08901  
732-235-8224  
[jill.williams@umdnj.edu](mailto:jill.williams@umdnj.edu)

CITIZENSHIP: USA

UNDERGRADUATE EDUCATION:

Pennsylvania State University, University Park, PA.  
B.S. 1989. Major- Animal Bioscience.

GRADUATE EDUCATION:

UMDNJ-Robert Wood Johnson Medical School, Piscataway, N.J.  
M.D. 1993.

POSTGRADUATE TRAINING

Duke University Medical Center, Durham, N.C.  
Intern and Resident in Psychiatry. 1993-1997.

Duke University Medical Center, Durham, N.C.  
Executive Chief Resident. 1996-1997.

UMDNJ- Robert Wood Johnson Medical School  
Addiction Psychiatry Fellow. 1998-1999.

ACADEMIC APPOINTMENTS

Associate Professor of Psychiatry with Tenure, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2008-present

Director, Division of Addiction Psychiatry, UMDNJ-Robert Wood Johnson Medical School. 2007-present

Associate Professor of Psychiatry, Tenure Track, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2005-2008

Director of Mental Health Tobacco Services, Division of Addiction Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 2002-present

Assistant Professor of Psychiatry. UMDNJ-Robert Wood Johnson Medical School. 1997-2005.

PRIOR POSITIONS AND HOSPITAL APPOINTMENTS

Consulting and Research Psychiatrist (W.O.C. status) VA NJ Health Care System. 2001-2010

Consulting Psychiatrist. Tobacco Dependence Program, UMDNJ School of Public Health. 2001-2010.

Coordinator for Programs for Seriously Mentally Ill (SMI)Veterans. VA NJ Health Care System, Lyons. 2000-2001.

Medical Director. Day Treatment Center and Psychosocial Residential Rehabilitation Treatment Program. VA NJ Health Care System. Lyons, NJ 1998-2001.

Staff Psychiatrist. Division of Extended Care, University Behavioral Health Care, New Brunswick Office. 1997-1998.

LICENSURE:

New Jersey since 1997

CERTIFICATION

Diplomat in Psychiatry, American Board of Psychiatry and Neurology. March 1998.

Recertification, American Board of Psychiatry and Neurology. April 2008

Addiction Psychiatry, Added Qualifications, American Board of Psychiatry and Neurology. April 2000.

## PROFESSIONAL ORGANIZATIONS

Association for the Treatment of Tobacco Use and Dependency (ATTUD)  
Chair of Subcommittee on Mental Illness and Addictions 2007-2009  
American Psychiatric Association  
Society for Research on Nicotine and Tobacco  
American Association of Community Psychiatrists  
New Jersey Psychiatric Association  
Middlesex County Mental Health Professional Advisory Committee (PAC)

## HONORS AND AWARDS

Silver Award, CHOICES Program, American Psychiatric Association Institute of Psychiatric Services, October 2009  
*Silver and Bronze Achievement Awards. Psychiatr Serv. 2009 Oct;60(10):1398-400.*

NJ Department of Human Services Teamwork/Partnership Achievement Award. State Hospital Tobacco Cessation Team. May 2008.

Alcohol Medical Scholars Program (M Schuckit, Director). August 2005- 2007

Innovation In Programming Award, CHOICES Program, Mental Health America, June 2007, Washington, D.C.

Future Leaders in Psychiatry Symposium, 6<sup>th</sup> Annual- April 2004

American Psychiatric Association's Research Colloquium for Junior Investigators- Advanced Track Participant, May 2004.

National Institute on Drug Abuse Career Development Award: (The Mentored Patient-Oriented Research Career Development Award). Nicotine Dependence Treatment in Psychiatric Comorbidity. 2001-2006.

American Psychiatric Institute for Research and Education/ Janssen Pharmaceutica Public Policy Leadership Program Fellow. 2000-2001.

American Psychiatric Association's Research Colloquium for Junior Investigators, May 1999.

George Ginsberg-American Association of Directors of Psychiatric Residency Training (AADPRT) Charter Fellowship. 1997.

N.C. Governor's Institute for Alcohol and Substance Abuse Public Policy Scholar. 1995-1996.

Garden State Distinguished Scholar. 1985.

## SERVICE ON NATIONAL GRANT REVIEW PANELS, STUDY SECTIONS, COMMITTEES:

Chairman of 2010 Achievement Awards Committee. 62<sup>nd</sup> APA Institute on Psychiatric Services. October 2010. Boston, MA

Special Emphasis Panel / Interventions Committee for Disorders Related to Schizophrenia, Late Life or Personality. NIMH. Invited Grant Reviewer. February 2008.

Special Emphasis Panel/ National Cooperative Drug Discovery Groups for the Treatment of Mood Disorders or Nicotine Addiction (NCDDG-MD/NA). Invited Grant Reviewer. July 2004.

National Institutes of Health, NCI-NIDA-NIAAA Pharmacologic Approaches to Nicotine Addiction Working Group. October 2002.

Robert Wood Johnson Foundation, Consultant and Co-Organizer for National Initiative Advisory Panel: Addressing Tobacco amongst Individuals with Mental Illness or Addiction. 2002- 2003.

Association for the Treatment of Tobacco Use and Dependency (ATTUD), Integration of Core Competencies into Health Care Delivery Workgroup. March 2006

#### SERVICE ON STATEWIDE COMMITTEES:

Appointed to the New Jersey Health Information Technology Commission- 2009-2010

New Jersey Comprehensive Tobacco Control Program (CTCP) Workgroup on Tobacco Use Disparities. 2007-present.

New Jersey Division of Mental Health Services, Smoking Policy Committee. 2006-present.

New Jersey Institute for Continuing Education in Tobacco. 2006-present

Mental Health Association in New Jersey Public Policy Committee. 2005-present.

New Jersey Department of Mental Health Task Force on Co-Occurring Disorders. 2002-2004.

#### CONSULTANTSHIPS:

New York City Department of Mental Health & Hygiene, Public Health Detailing Program on Smoking Cessation to Mental Health Providers. 2008.

Ohio Department of Mental Health Services, Tobacco Dependence Pilot Project. 2005-2006

Ohio Substance Abuse Mental Illness & Supported Employment Coordinating Centers at Case (SAME-SECC), Implementation of Tobacco Dependence Treatment and Tobacco-Free Policies in Ohio's Mental Health and Alcohol and Drug Addictions Services Systems. 2007-present

Ohio Prevention Foundation. 2007-present

Suffolk County Clubhouse, Smoking Cessation Project. Suffolk County, NY. 2002-2006

#### SERVICE ON UNIVERSITY OF MEDICINE AND DENTISTRY OF NEW JERSEY COMMITTEES:

Faculty Senate Exploratory Committee. 2007-2008

Student Assistance Campus Committee (SACC). 2003-2009

#### SERVICE ON ROBERT WOOD JOHNSON MEDICAL SCHOOL COMMITTEES:

Department of Psychiatry Executive Council. 2007-present

Department of Psychiatry Research Committee. 2001-present.

Department of Psychiatry On-Call Committee. 2005-present.

Addictions Training Committee, Division of Addictions, 1999-2008

Residency Education Committee. 1997-present.

#### SERVICE ON RWJMS AFFILIATED HOSPITAL COMMITTEES:

Champion for Implementation of VHA's Guideline for Management of Patients with Psychoses: Module on Schizophrenia

VA NJ Health Care System. 1999-2001.

Practice Guidelines Committee

VA NJ Health Care System. 1999-2001.

Pharmacy and Therapeutics Committee

VA NJ Health Care System. 1998-2001.

Process Improvement Team for Smoke-Free VA

VA NJ Health Care System. 1998.

#### OTHER PROFESSIONAL ACTIVITIES

##### CME COURSE DIRECTOR

Treating Tobacco Dependence in Mental Health Settings. A two-day training conference for Psychiatrists, Advanced Practice Nurses and Other Mental Health Professionals. UMDNJ-RWJMS.

##### JOURNAL REFEREES:

Psychiatric Services since 1998

Schizophrenia Research since 1998

Community Mental Health Journal since 1999

American Journal on Addictions since 2001

Journal of Clinical Psychiatry since 2001

Biological Psychiatry since 2004

American Journal of Psychiatry- since 2004

Nicotine & Tobacco Research- since 2007

##### TEACHING RESPONSIBILITIES

Lecturer on Club Drugs and Hallucinogens. Behavioral Science Course for Medical students II. Robert Wood Johnson Medical School.

Lecturer on Tobacco Dependence. Behavioral Science Course for Medical students II. Robert Wood Johnson Medical School.

Clinical Introduction to Substance Abuse. Medical students III on Psychiatry Clerkship. Robert Wood Johnson Medical School.

Neurobiology of Addiction. Part of UMDNJ-Tobacco Dependence Program 5-Day Training to Become a Tobacco Treatment Specialist. UMDNJ-School of Public Health

Site Coordinator. Basic Interviewing Skills Course for second year medical students.  
VA NJ Health Care System. 1999-2001.

Course Director and Lecturer. Chief resident's seminar in major psychopathological entities for second year medical students. Duke University Medical Center.

#### CLINICAL RESPONSIBILITIES

Addictions Psychiatrist. University Medical Group, UMDNJ- 2001-present

Medical Director. Day Treatment Center and Psychosocial Residential Program  
VA NJ Health Care System, Lyons. 1998-2001

Staff Psychiatrist. Division of Extended Care  
University Behavioral Health Care, New Brunswick. 1997-1998

#### GRANT SUPPORT

##### As Principal Investigator or Co-Principal Investigator

Double-Blind, Placebo-Controlled Trial of Nicotine Nasal Spray as an Aid for Smoking Cessation in Schizophrenia

Principal Investigator: Jill Williams, MD; Agency: National Institute of Drug Abuse  
Type: R01-DA024640-01A1. Term 7/15/2009 to 8/14/2011.

The Effect of Menthol on Nicotine Levels and Metabolites in African American Cigarette Smokers.

Principal Investigator: Jill Williams, MD; Agency: Cancer Institute of New Jersey  
Type: CINJ 2009 Research Development Award, \$95,000; Term 2009-2010

Phase 3B 12-Week, Double-Blind, Placebo-Controlled, Multicenter Study Evaluating the Safety and Efficacy of Varenicline Tartrate (CP-526,555) 1mg BID For Smoking Cessation in Subjects With Schizophrenia and Schizoaffective Disorder. Site PI-Williams. Funded by Pfizer. Term 2008-2009

Nicotine Intake in Schizophrenia. R01-MH076672-01A1. Funded by the National Institute of Mental Health for \$1,412,916; Term 2006-2010.

Carcinogen Biomarkers In Smokers With Schizophrenia. Supplement to Nicotine Intake in Smokers With Schizophrenia Grant; R01-MH076672-01A1. Funded by the National Institute of Mental Health. \$127,563 Term 2008-2010.

Training Psychiatrists and Psychiatric Advanced Practice Nurses to Treat Tobacco Dependence. Pfizer Unrestricted Educational Grant. \$20,000. Term 2009.

Phase 2, Double-Blind, Placebo-Controlled Trial of Selegiline Transdermal System (STS) as an Aid for Smoking Cessation. Site PI-Williams (NIDA/VA multi-center collaborative study) NIDA/VA CSP-1022. Term 2007-2009.  
\$460,875.

Using Peer Counselors to Address Tobacco among Mental Health Consumers. NJ Division of Mental Health Services. \$ 68,328. Term 2008-2009

Nicotine Dependence Treatment in Psychiatric Comorbidity. National Institute on Drug Abuse Career Development Award: (The Mentored Patient-Oriented Research Career Development Award).  
#K23-DA14009-01. Funded by the National Institute on Drug Abuse for \$811,145; Term 2001-2006.

Using Peer Counselors to Address Tobacco among Mental Health Consumers. American Legacy Foundation, Small Innovative Grant Program. \$100,000. Term 2005-2007

Training Psychiatrists and Psychiatric Advanced Practice Nurses to Treat Tobacco Dependence. American Legacy Foundation, Small Innovative Grants Program. \$40,000. Term 2006-2007

Treatment of Addiction to Nicotine in Schizophrenia. R01 DA015537. National Institute on Drug Abuse (NIDA): Principal Investigator: Douglas Ziedonis, MD, MPH; Co-PI: Jill Williams, MD. \$1,559,548. Term 2003-2007.

Training Psychiatrists and Psychiatric Advanced Practice Nurses to Treat Tobacco Dependence. Pfizer Unrestricted Educational Grant. \$10,000. Term 2006-2007.

Using Peer Counselors to Address Tobacco among Mental Health Consumers. NJ Division of Mental Health Services. \$ 50,000. Term 2007-2008

Using Peer Counselors to Address Tobacco among Mental Health Consumers. NJ Division of Mental Health Services. \$ 50,000. Term 2006-2007

Using Peer Counselors to Address Tobacco among Mental Health Consumers. CINJ. \$ 38,875. Term 2006-2007

Dual Diagnosis Patients in a State Facility: A Comparison of Staff Attitudes with Actual Treatment Practices. Funded by the N.C. Governor's Institute on Alcohol and Substance Abuse, Inc. for \$5000. Term 1995-1996.

#### As Co-Investigator

Tobacco Dependence Program. NJ Department of Health and Senior Services. New Jersey State Government, Trenton. Principal Investigator: Jonathan Foulds, PhD. \$3,691,202. Term: 7/1/00- 6/30/09.

Tobacco Use among the Mentally Ill: an Overlooked Tobacco Control Issue  
Principal Investigator: Cristine Delnevo, PhD; Agency: Robert Wood Johnson Foundation  
Substance Abuse Policy Research Program. 1/1/2006 – 6/30/2007

Tobacco use in people with mental disorders: an overlooked tobacco control issue.  
Principal Investigator: Cristine Delnevo, PhD; Agency: National Institute of Mental Health  
Type: R03MH077273-01A1. Term 1/1/2007- 12/31/2007

Addressing Tobacco in Mental Health Services, Division of Mental Health, NJ Department of Health and Human Services. Principal Investigator, Betty Vreeland, APN; Co-PI Jill Williams, MD, \$183,150 Term 5/04- 6/05

#### UNFUNDED RESEARCH

Psychiatric symptoms in Progressive Supranuclear Palsy. Principal Investigator: Matthew Menza, MD.  
Co-Investigator: Jill Williams MD. 3/93-6/94

A Comparison of High Dose versus Regular Dose Nicotine Transdermal Patch for Smoking Cessation in Patients with Chronic Schizophrenia. Principal Investigator: Jill Williams MD, Co-Investigators: Douglas Ziedonis, M.D., MPH, Maureen Kaune, MD, David Smelson, PsyD, Miklos Losonczy, MD, PhD. 1/99-12/01

## PUBLICATIONS

Menza MA, Cocchiola-Williams J, and Golbe L. Psychiatric symptoms in Progressive Supranuclear Palsy. *Psychosomatics* 1995;36(6):550-554

Williams J and Stein R. Dual diagnosis patients in a state facility: a comparison of staff attitudes with actual treatment practices. *Epikrisis* 1996;7(12):2-3

Williams J and Swartz M. Treatment boundaries in the case management relationship: a clinical case and discussion. *Community Mental Health Journal* 1998;(34)3: 299-311

Ziedonis D, Williams J, Corrigan P, Smelson D. Management of substance abuse in schizophrenia. *Psychiatric Annals* January 2000;30(1):67-75.

Williams J and Ziedonis D. Emergency management of psychosis and substance abuse. *Psychiatric Issues in Emergency Care Settings* 2002 Summer; 14-19

Ziedonis D and Williams J. When Psychosis and substance use coincide in the emergency service. *Psychiatric Issues in Emergency Care Settings* 2002 Summer; 3-13

Williams JM and Ziedonis D. Naltrexone-bupropion combination therapy for protracted abstinence dysphoria. *The American Journal on Addictions* 2003; 12(3):270-272.

Ziedonis DM and Williams JM. Management of Smoking in People with Psychiatric Disorders. *Current Opinion in Psychiatry* 2003; 16(3): 305-315

Ziedonis DM and Williams JM, Co-Editors of Issue. Addressing Tobacco in Mental Health and Addictions Settings. *Psychiatric Annals* 2003; 22(7).

Williams JM and Hughes JR. Pharmacotherapy Treatments for Tobacco Dependence Among Smokers with Mental Illness or Addiction. *Psychiatric Annals* 2003; 22(7):457-466.

Ziedonis D, Williams JM, Smelson DA. Serious mental illness and tobacco addiction: a model program to address this common but neglected issue. *American Journal of Medical Science* 2003 Oct;326(4):223-30.

Williams JM and Ziedonis DM. Addressing Tobacco among Individuals with a Mental Illness or an Addiction. *Addictive Behaviors* 2004; 29(6):1059-1270

Steinberg ML., Williams JM, & Ziedonis DM. Financial Implications of Cigarette Smoking Among Individuals With Schizophrenia. *Tobacco Control* 2004 Jun;13(2):206.

Foulds J, Burke M, Steinberg M, Williams JM and Ziedonis DM. Advances in Pharmacotherapy for Tobacco Dependence. *Expert Opinion in Emerging Drugs* 2004; 9(1):39-51.

Williams JM, Ziedonis DM, Foulds J. Case Series of Nicotine Nasal Spray in the Combination Treatment of Tobacco Dependence Among Patients With Schizophrenia. *Psychiatric Services* 2004; 55(9): 1064-1066

Steinberg ML, Williams JM, Steinberg HR, Krejci JA, Ziedonis DM. Applicability of the Fagerström Test for Nicotine Dependence in Smokers With Schizophrenia. *Addictive Behaviors* 2005 Jan;30(1):49-59

Williams JM, Foulds J, Dwyer M, Order-Connors B, Springer M, Gadde P, Ziedonis DM. The Integration of Tobacco Dependence Treatment into Residential Addictions Treatment in New Jersey. *Journal of Substance Abuse Treatment* 2005; 28: 331– 340.

Foulds J and Williams JM. Tobacco use and cataracts in patients with schizophrenia. *American Journal of Psychiatry* 2005 May;162(5):1028

Williams JM, Ziedonis DM, Abanyie F, Steinberg ML, Foulds J, and Benowitz NL. Increased nicotine and cotinine levels in smokers with schizophrenia and schizoaffective disorder is not a metabolic effect. *Schizophrenia Research* 2005; 79(2-3):323-335.

Ziedonis DM, Williams JM, Steinberg ML, Smelson D, Sussner B, Foulds J, Krejci J, , Violette N. Addressing Tobacco Dependence Among Individuals with a Psychiatric Disorder: A Neglected Epidemic of Major Clinical and Public Health Concern. In Isaacs SL (Ed.) *VA in the Vanguard: Building on Success in Smoking Cessation*. Proceedings of Conference, San Francisco, September 21, 2004. Published 2005.

Foulds J, Gandhi KK, Steinberg MB, Richardson D, Williams JM, Burke M and Rhoads GG. Factors Associated with Quitting Smoking at a Tobacco Dependence Treatment Clinic. *Am J Health Behav* 2006; 30(4):400-412

Foulds J, Steinberg M, Williams JM, and Ziedonis DM. Developments In Pharmacotherapy For Tobacco Dependence: Past, Present and Future. *Drug and Alcohol Review* 2006 Jan;25(1):59-71.

Smelson DA, Ziedonis D, Williams J, Losonczy MF, Williams J, Steinberg ML, Kaune M. The efficacy of olanzapine for decreasing cue-elicited craving in individuals with schizophrenia and cocaine dependence: A preliminary report. *Journal of Clinical Psychopharmacology* 2006 Feb;26(1):9-12.

Ziedonis DM, Williams JM, Steinberg M, Foulds J. Addressing tobacco in office-based management of psychiatric disorders: practical considerations. *Primary Psychiatry* 2006; 13(2): 51-63.

Williams JM & Ziedonis DM. Snuffing out tobacco dependence: ten reasons behavioral health providers need to be involved. *Behavioral Healthcare* 2006; 26(5):27-30.

Foulds J, Williams JM, Gandhi KK. Racial Differences in Lung Cancer (Letter). *NEJM* 2006; 354;18: 1951-1952

Williams JM, Cain BW, Fredericks T, O'Shaughnessy M. A Tobacco Treatment Model for Individuals with Serious Mental Illness. *Psychiatric Services* 2006; 57(8): 1210.

Foulds J, Williams JM, Order-Connors, Edwards N, Dwyer M, Kline A and Ziedonis DM. Integrating Tobacco Dependence Treatment and Tobacco-Free Standards into Addiction Treatment in New Jersey: Lessons for Other States. *Alcohol Res Health*. 2006;29(3):236-40

Ziedonis DM, Guydish J, Williams JM, Steinberg ML, Foulds J. Barriers and Solutions to Addressing Tobacco Dependence in Addiction Treatment Programs. *Alcohol Res Health*. 2006;29(3):228-35.

Williams JM and Foulds J. Successful Tobacco Dependence Treatment in Schizophrenia. *Am J Psychiatry* 2007; 164(2): 222-227.

Williams JM, Gandhi KK, Steinberg ML, Foulds J, Ziedonis DM, Benowitz NL. Higher Nicotine and Carbon Monoxide Levels in Menthol Cigarette Smokers with and without Schizophrenia. *Nicotine & Tobacco Research* 2007; 9(8):873-81.

Vega WA, Chen KW, Williams JM. Smoking, Drugs, and Other Behavioral Health Problems Among Multiethnic Adolescents in the NHSDA. *Addictive Behaviors* 2007 Sep;32(9):1949-56.

Williams JM. Using Peer Counselors to Address Tobacco: the CHOICES Program. *Psychiatric Services* 2007; 58(9): 1225

Tidey J and Williams JM. Clinical Indices of Tobacco Use in People with Schizophrenia. *Journal of Dual Diagnosis* 2007; 3(3/4): 79-98

Steinberg ML & Williams JM. Psychosocial Treatments for Individuals with Schizophrenia and Tobacco Dependence. *Journal of Dual Diagnosis* 2007; 3(3/4): 99-112.

Hagman BT, Delnevo CD, Hrywna M, Williams JM. Tobacco Use Among Those With Serious Psychological Distress: Findings from the National Survey of Drug Use and Health, 2002. *Addict Behav*. 2008 Apr;33(4):582-92. Epub 2007 Nov 17.

Williams JM & Gandhi KK. Use of Caffeine and Nicotine in People with Schizophrenia. *Current Drug Abuse Reviews* 2008; 1(2): 155-161

Williams JM. Eliminating tobacco use in mental health facilities: Patients' rights, public health, and policy issues. *JAMA* 2008; 299(5): 571-573.

Williams JM, Gandhi KK, Karavidas MK, Steinberg ML, Lu S, Foulds J. Open Label Study of Craving in Smokers with Schizophrenia using Nicotine Nasal Spray Compared to Nicotine Patch. *Journal of Dual Diagnosis* 2008; 4(4):355- 376.

Ziedonis D, Hitsman B, Beckham JC, Zvolensky M, Adler LE, Audrain-McGovern J, Breslau N, Brown RA, George TP, Williams J, Calhoun PS, Riley WT. Tobacco use and cessation in psychiatric disorders: National Institute of Mental Health report. *Nicotine Tob Res*. 2008 Dec;10(12):1691-715

Gandhi KK, Foulds J, Steinberg MB, Lu Shou-En & Williams JM. Lower quit rates among menthol cigarette smokers at a Specialist Tobacco Treatment Clinic. *International Journal of Clinical Practice* 2009, 63, 3, 360–367

Williams JM, Steinberg ML, Hanos Zimmermann M, Gandhi KK, Lucas GE, Gonsalves DA, Pearlstein I, McCabe P, Galazyn M and Salsberg E. Training Psychiatrists and Advanced Practice Nurses to Treat Tobacco Dependence. *Journal of the American Psychiatric Nurses Association* 2009; 159(1): 50-58

Williams JM, Ziedonis DM, Vreeland B, Speelman-Edwards N, Zechner MR, Williams MT, Rahim R, Karimi L, Molnar M, and Eilers R. A Wellness Approach to Addressing Tobacco in Mental Health Settings: Learning about Healthy Living. *American Journal of Psychiatric Rehabilitation* 2009; 12:352-369.

Steinberg ML, Heimlich L, & Williams JM. Tobacco use among individuals with intellectual or developmental disabilities: A brief review. *Intellectual and Developmental Disabilities* 2009; 47(3): 197–207

Galazyn, M., Steinberg, M.L., Gandhi, K.K., Piper, M., Williams, J.M. Reasons for smoking among individuals with schizophrenia. *Schizophrenia Research* 2010 Jan 4. [Epub ahead of print]

Williams JM, Steinberg ML, Zimmermann MH, Gandhi KK, Stipelman B, Budsock PD, Ziedonis DM. Comparison of two intensities of tobacco dependence counseling in schizophrenia and schizoaffective disorder. *J Subst Abuse Treat.* 2010 Jun;38(4):384-93. Epub 2010 Apr 2.

Gandhi KK, Williams JM, Menza M, Galazyn M and Benowitz, NL. Serum Caffeine In Smokers With Schizophrenia Compared To Smoking Controls Drug and Alcohol Dependence Drug and Alcohol Dependence Journal Jul 1;110(1-2):151-5. Epub 2010 Mar 12.

Williams JM, Dwyer M, Verna M, Zimmermann MH, Gandhi KK, Galazyn M, Szkodny N, Molnar, Kley R and Steinberg ML. Evaluation of the CHOICES Program of Peer-to-Peer Tobacco Education and Advocacy. *Community Mental Health Journal* 2010 Apr 24. [Epub ahead of print]

Steinberg ML, Williams JM, Gandhi KK, Foulds J and Brandon TH. Lower Task Persistence In Smokers with Schizophrenia as Compared to Non-Psychiatric Control Smokers. *Psychology of Addictive Behaviors*, 24, 724-729.

Williams JM, Gandhi KK, Lu SE, Kumar S, Shen J, Foulds J, Kipen H and Benowitz NL. Higher Nicotine Levels in Schizophrenia Compared to Controls after Smoking a Single Cigarette. *Nicotine and Tobacco Research* 2010 Aug;12(8):855-9. Epub 2010 Jun 28.

Steinberg MB, Bover MT, Richardson DL, Schmelzer AC, Williams JM and Foulds J. Abstinence and Psychological Distress in Co-morbid Smokers Using Various Pharmacotherapies. *Drug and Alcohol Dependence* 2010 Oct 14. [Epub ahead of print]

Williams JM, Gandhi KK and Benowitz NL. Carbamazepine but not valproate induces CYP2A6 activity in smokers with mental illness. *Cancer Epidemiology, Biomarkers and Prevention* 2010 Aug 18. [Epub ahead of print]

Williams JM, Zimmermann MH, Steinberg ML, Gandhi KK, Delnevo C, Steinberg MB, Foulds J. A Comprehensive Model for Mental Health Tobacco Recovery in New Jersey. *Administration and Policy in Mental Health and Mental Health Services Research* 2010 Nov 13. [Epub ahead of print]

Baker A, Kay-Lambkin FJ, Richmond R, Filia S, Castle D, Williams J and Lewin TJ. Study protocol: a randomised controlled trial investigating the effect of a healthy lifestyle intervention for people with severe mental disorders. *BMC Public Health* (in press)

Williams JM, Gandhi KK, Lu SE, Kumar S, Steinberg ML, Cottler B and Benowitz NL. Shorter Interpuff Interval is Associated with Higher Nicotine Intake in Smokers with Schizophrenia.

Drug and Alcohol Dependence (in press)

#### TREATMENT AND TRAINING MANUALS

Williams JM, Ziedonis D, Speelman N, Vreeland B, Zechner MR, Rahim R, O'Hea EL. Learning about Healthy Living: Tobacco and You. State of New Jersey, Division of Mental Health Services. Revised June 2005a.

Williams JM, Ziedonis DM, Krejci J, Steinberg ML. Tobacco Medication Management Treatment. Treatment of Addiction to Nicotine in Schizophrenia Study (R01 DA015537). National Institute on Drug Abuse (NIDA): Principal Investigator: Douglas Ziedonis; Co-PI: Jill Williams. 2004

#### BOOKS AND CHAPTERS

Williams J and Eick C. Evaluating and Managing Patients Who are not Responding to Treatment. In Integrated Treatment for Mood and Substance Use Disorders. Eds. JJ Westermeyer, RD Weiss, DM Ziedonis. 2003 Johns Hopkins University Press, 140-160

Osinubi Omowunmi, Barbeau Elizabeth, Williams Jill M, Sorensen Glorian. Curbing the Tobacco Epidemic: The Role of Workplace Tobacco Control Policies and Programs in Focus on Smoking and Health Research, Nova Science Publishers, 2005. pp 1-75.

Williams JM, Delnevo C and Ziedonis DM. The Unmet Needs of Smokers with Mental Illness or Addiction. In The Social and Economic Consequences of Tobacco Control Policy. Eds. K Neckerman & P Bearman. (In press)

Vreeland B., Toto AM, Verna M. & Williams JM. Cultivating Physical Health and Wellness Utilizing a Person-Centered Approach. In Serious Mental Illness (SMI): Person-centered Approaches [Rudnick, A., & Roe D. Eds.] Radcliff Press. (In press)

#### ABSTRACTS and POSTER PRESENTATIONS

Higher and Earlier Nicotine Peak in Smokers with Schizophrenia. Williams JM, Gandhi KK, Lu SE, Foulds J, Shen J, Kumar S and Benowitz N. Poster presented at the Poster Session at the 16<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2010, Baltimore, MD

The Role of Social Deprivation Factors on Nicotine Intake. Kumar S, Gandhi KK, Williams JM, Galazyn M, Echeverria S, Steinberg M and Foulds J. Poster Session at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 2009

Comparison of Two Smoking Cessation Behavioral Therapies Combined with Nicotine Patch in Schizophrenia. Williams JM, Steinberg ML, Zimmermann MH, Gandhi KK, Stipleman B, Dooley T and Ziedonis DM. Poster Session at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 2009

Carcinogen Biomarkers in Smokers with Schizophrenia. Williams JM, Gandhi KK, Galazyn M, Kumar S, Hill S, Carmella SG and Hecht SS. Poster Session at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 2009

Smoking Characteristics and Nicotine Intake in Individuals with Bipolar Disorder. Gandhi KK, Williams JM, Galazyn M, Kumar S, Steinberg ML and Benowitz M. Poster Session at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 2009

Training Psychiatrists and Mental Health Professionals to Treat Tobacco Dependence. Williams JM, Gandhi KK, Lucas GE, Gonsalves DA, Zimmermann M, Galazyn M, Steinberg ML. Poster Session at the 14<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2008, Portland, OR

Higher Serum Caffeine in Smokers with Schizophrenia as Compared to Controls. Gandhi KK, Williams JM, Galazyn M, Benowitz. Poster Session at the 14<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2008, Portland, OR

Reasons for Smoking among Individuals with Schizophrenia. Galazyn M, Steinberg ML, Gandhi KK, Piper M, Williams JM. Poster Session at the 14<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2008, Portland, OR

Williams JM. Using Peer Counselors To Address Tobacco: The CHOICES Program. Poster Session at the Presented At 2007 National Conference on Tobacco OR Health. October 2007. Minneapolis, MN.

Williams JM, Dwyer M, Verna M, Molnar M, Galazyn M, Gandhi KK. Using Peer Counselors to Address Tobacco Among Mental Health Consumers. Poster Presented At Cancer Institute of New Jersey (CINJ). Annual Retreat, May 2007

Williams JM, Gandhi KK, Karavidas M, Steinberg ML, Galazyn M, Foulds J. Less Craving in Abstinent Smokers with Schizophrenia using Nicotine Nasal Spray compared to those using Nicotine Patch. Poster Session at the 13<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2007, Austin, TX

Williams JM, Gandhi KK, Karavidas M and Foulds J. More Puffs and Shorter Interpuff Interval in Smokers with Schizophrenia using CReSSmicro® Topography Device. Presented at the 12<sup>th</sup> Annual Meeting of the Society for Research on Nicotine & Tobacco (SRNT), February 2006, Orlando, FL

Williams JM, Ziedonis DM, Abanyie F, Steinberg ML, and Benowitz N. Increased Nicotine and Cotinine Levels in Smokers with Schizophrenia and Schizoaffective Disorder is not a Metabolic Effect. Poster presented at the 10<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco, Phoenix, February 2004

Williams JM, Foulds J, Dwyer M, Order-Connors B, Springer M, Gadde P, Ziedonis DM. The Integration of Tobacco Dependence Treatment into Residential Substance Abuse Treatment in New Jersey. Poster presented at the 10<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco, Phoenix, February 2004

Williams JM, Ziedonis D. A pilot feasibility study of high-dose patch for patients with schizophrenia. . Poster presented at the 9<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans, February 2003.

Martha Dwyer, Jill Williams, et al. Integration of Tobacco Dependence into Residential Substance Abuse Treatment: Survey Results. Poster presented at the 2003 National Conference on Tobacco OR Health. Boston, December 2003.

Smelson D, Williams J, Kaune M, Losonczy M, Menza M, Ziedonis D. Reduced cue-elicited cocaine craving and relapses following treatment with risperadone. American Psychiatric Association Annual Meeting, May 2000.

Williams J, Smelson D, Ziedonis D, Losonczy M. The efficacy of olanzepine in decreasing cue-elicited craving and relapse in withdrawn cocaine dependent schizophrenics. American Psychiatric Association's Research Colloquium for Junior Investigators, May 1999.

Williams J and Stein R. Dual diagnosis patients in a state facility: a comparison of staff attitudes with actual treatment practices. N.C. Governor's Institute for Alcohol and Substance Abuse, Public Policy Scholars Forum. N.C. State Legislature May 1996

#### ORAL PRESENTATIONS

Invited Presenter. 2010 62<sup>nd</sup> APA Institute on Psychiatric Services. Treating Tobacco Dependence in Mental Health Settings. October 2010. Boston, MA

Symposia Presenter at the 2009 Joint Conference of SRNT and SRNT-Europe, Dublin, Ireland, April 2009. Smokers with Serious Mental Illness: A Focus on Mechanisms and Models. Tidey JW, Williams JM, Weinberger AH, Evins AE and Shiffman S.

Invited Speaker at SAMHSA In-Service Training on Smoking Cessation and People with Behavioral Health Issues. The Unmet Needs of Smokers with Mental Illness or Addiction. July 2008. Rockville, MD

Symposia Presenter, New Jersey Psychiatric Association (NJPA) Spring Meeting. Treating Tobacco in Mental Health Settings. Apr 2008, Woodbridge NJ.

Subplenary Presenter: Maximizing The Power Of Partnerships: Engaging Smokers In The Mental Health Community. Oral Presentation at 2007 National Conference on Tobacco OR Health. October 2007. Minneapolis, MN.

Oral Presentation. Addressing Tobacco Dependence and Mental Illness with the CHOICES Program. Annual Meeting of Mental Health America: Bringing Wellness Home. June 2007, Washington, D.C.

Using Peer Counselors To Address Tobacco: The CHOICES Program. Presented at the 59th Institute on Psychiatric Services as an Innovative Program. October 2007, New Orleans, LA

Williams JM, Gandhi KK, Foulds J, Steinberg MB, Lu Shou-En, Masumova F, Straun T, Ziedonis D. No Advantage for High Dose Compared to Regular Dose Nicotine Patch on Short-term Abstinence Rates in Schizophrenia. Oral Paper Session at the 13<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco (SRNT). February 2007, Austin, TX

Addressing Tobacco in Mental health Settings. Colloquium Series on Research in Psychiatric Rehabilitation. NJ School of Health Related professions. February 2007.

Williams JM and Verna MD. CHOICES. Presented at the 2007 Public Education Institute of Mental Health America: Building a Culture of Mental Wellness. January 2007, Austin, TX.

Symposium Presenter. Nicotine Dependence and Schizophrenia: Neurobehavioral Pathways. Sponsored by the National Institute on Drug Abuse and Presented at the 159<sup>th</sup> Annual Meeting of the American Psychiatric Association, Toronto, May 2006

The Consequences of Smoking: Why Address Tobacco in Mental Health? At Achieving Complete Wellness Through Transformational Partnerships: Helping Consumers Choose Healthier Lifestyles. University Behavioral Health Care. October 2006 & March 2007.

Using Peer Counselors To Address Tobacco: The CHOICES Program. Presented at the Annual Conference of the NJ Psychiatric Rehabilitation Association. November 2006, Edison, NJ

Williams JM, Gandhi KK, Steinberg ML, Foulds J, Ziedonis DM, Benowitz N. Impact of Menthol and Other Brand Characteristics on Blood Nicotine in Smokers with Schizophrenia versus Controls. Oral Paper Session at the 12<sup>th</sup> Annual Meeting of the Society for Research on Nicotine & Tobacco (SRNT), February 2006, Orlando, FL

Williams JM. NIMH workgroup report on tobacco use and cessation in psychiatric disorders. Symposium at the 12<sup>th</sup> Annual Meeting of the Society for Research on Nicotine & Tobacco (SRNT). February 2006, Orlando, FL

APA Forum Co-Chairperson. Should Psychiatrists and Other Mental Health Professionals Take a Lead in Tobacco Dependence Treatment. 158<sup>th</sup> Annual Meeting of the American Psychiatric Association, Atlanta, May 2005

Keynote Speaker. International Seminar on Smoking & Psychiatric Pathology. Satellite Seminar of the IV National Conference of S.E.D.E.T. (Spanish Society of Tobacco Dependence Specialists). Santander (Spain), May 2005

Panel Discussant. Psychiatrists Should Take a Lead in Treating Tobacco. AAAP, Puerto Rico, December 2004

Workshop Presenter. Treating Tobacco Dependence in Mental Health Settings. UBHC 2<sup>nd</sup> Annual Best Practices, Best Outcomes Conference. October 2004.

APA Symposium Co-Chairperson. Practical Techniques in the Assessment and Treatment of Tobacco Dependence. 157<sup>th</sup> Annual Meeting of the American Psychiatric Association, New York, May 2004.

Panel Discussant. Tobacco Use with Mentally Ill and Addicted Populations. 10<sup>th</sup> Annual Meeting of the Society for Research on Nicotine and Tobacco, Phoenix, February 2004

Keynote Speaker. Addressing Tobacco in Mental Health and Addictions Settings. Bridging the Gap Conference. Annual Conference of the UMDNJ-Division of Addiction Psychiatry. January 2004.

Panel Discussant. Treating Nicotine Dependence in Smokers with Mental Illness and Chemical Dependencies. Lirio S. Covey, Jill M. Williams, et al. 2003 National Conference on Tobacco OR Health. Boston, December 2003.

Co-Presenter. A Model Consultative Service for Addressing Tobacco in Mental Health. 2003 National Conference on Tobacco OR Health. Boston, December 2003.

Panel Discussant. Smoking Reduction versus Total Abstinence. New Developments in Tobacco Dependence Treatment. Annual Conference of the UMDNJ-Tobacco Dependence Program. May 2003.

Keynote Speaker. Nicotine Dependence and Psychiatric Co-Morbidity. A Clinical Approach to Nicotine Dependence Program of Suffolk County. Suffolk Co Department of Health Services, October 2003.

Keynote Speaker. Tobacco, Mental Health and Stigma. Annual Conference of the UMDNJ-Tobacco Dependence Program. September 2005.

#### OTHER SCHOLARLY ACTIVITY

Director and Writer, Smoke Alarm Video: The Truth about Smoking and Mental Illness. Produced by the Clubhouse of Suffolk from a grant from the NY State Department of Health. 2006.