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Email: Teresa.Armon@omh.ny.gov

EDUCATION:

Post Masters Certificate Nurse Practitioner in Psychiatry, 2010
Sage Graduate School, Department of Nursing, Troy, NY
Internship: Albany Veterans Administration Medical Center, October 2009 to June 2010

M.S. Psychiatric Mental Health Nursing, Clinical Specialist, 1992
Sage Graduate School, Department of Nursing, Troy, NY

A.S., Nursing, 1985
Regents College, Albany, NY

B.A., English, 1982
State University of New York at Albany, Albany, NY

Diploma, Practical Nurse Program, 1979
Albany, NY

EXPERIENCE:

Clinical Internship as NPP Student:

Albany Veterans Administration Medical Center, Albany, NY, October 2009 to June 2010
Clinical internship at Behavioral Health Recovery Center with veterans who had been diagnosed and receiving treatment for serious mental illness (schizophrenia, schizoaffective and bipolar disorder). Cases included clients with co-occurring alcohol and substance use, and medical comorbidities (e.g. obesity, diabetes, COPD).

Albany Veterans Administration Medical Center, Albany, NY, March 2010 to June 2010
Clinical internship at Community Based Outpatient Clinic, Integrated Behavioral Health Care with veterans and family members who were referred from Primary Care, diagnosed with primarily mood and anxiety disorders, including PTSD.

9/11 to present

Psychiatric Mental Health Nurse Practitioner

Capital District Psychiatric Center
Albany, NY

Responsibilities:

- ✦ Clinical assessments of tobacco use and dependence in clients with serious mental illness (SMI) across continuum of care: inpatient, outpatient clinic and residential settings.
- ✦ Evidence based tobacco dependence treatment- individual and group counseling.
- ✦ Health education.
- ✦ Medication evaluation and monitoring smoking cessation medication.
- ✦ Staff training and education on tobacco dependence treatment.
- ✦ Participate in Performance Improvement project on Tobacco Dependence Treatment in people with SMI.

9/06 to present

Mental Health Program Specialist

New York State Office of Mental Health, Division of Adult Services
Albany, NY

Responsibilities:

- ✦ Co-director, Tobacco Dependence Treatment Initiative.
- ✦ Design and develop distance learning online training modules on tobacco dependence treatment for people with serious mental illness
- ✦ Development and implementation of wellness initiative "LifeSPAN".

- ✦ Summit coordinator for New York State's first behavioral health-focused partnership on tobacco cessation: SAMHSA-SCLC Leadership Academy for Wellness and Smoking Cessation.
- ✦ Collaborate with NYS DOH and NYC DOHMH in health promotion and implementation of tobacco dependence intervention programs for people with mental illness.
- ✦ Provide ongoing public education on the significance of mortality and morbidity in people with serious mental illness to providers, consumers and families across the state.
- ✦ Serve as resource on health promotion and integration for community mental health programs including Personalized Recovery oriented Services (PROS)
- ✦ Assist the OMH Medical Director with the development of policy and protocols for health assessment (cardiometabolic risk) and treatment of recipients of care in community mental health settings.
- ✦ Direct the Quality Improvement for the OMH state-operated outpatient clinics for the PSYCKES project: Psychiatric Clinical Knowledge Enhancement System, a HIPAA-decision-compliant portfolio of Web tools designed to support quality improvement and clinical decision using Medicaid data to generate reports, focus on decreasing polypharmacy and cardiometabolic risk.
- ✦ Conduct site visits at grant funded and licensed mental health programs to evaluate quality of care; participate in briefings; report recommendations and follow-up with educational and training as needed.
- ✦ Assist with development of Long Term Plan for Geriatric Mental Health, and implementation of Geriatric Demonstration Grant Program that focuses on integrated physical and mental health care. .
- ✦ Serve as member of procurement development and review group for grant proposals on health promotion and physical-mental health integration for geriatric population and culturally diverse undeserved mental health recipients.
- ✦ Facilitate statewide meetings with nurse practitioners and nurses to develop best practice with wellness, medication management, and coordination with primary care for people with mental illness in community settings.
- ✦ Participate in OMH workgroups including Pharmacy and Therapeutics Committee, QI project, H1N1 Preparedness and Response.
- ✦ Supervise professional staff.

3/05 to 9/06

Assistant Bureau Director

New York State Department of Health, AIDS Institute, Community Based Services
Health Research Inc.
Albany, NY

Responsibilities:

- ✦ Management of day-to-day operations: statewide mental health, case management and supportive service programs.
- ✦ Convened and directed workgroups, meetings and committees to obtain input on the design of bureau programs and services; directed the collection and analysis of data to inform and support program planning.
- ✦ Formulated optimal strategies for prioritizing goals and objectives related to the bureau; directed the formulation of program and service standards for compliance with policy, legislative or grant requirements.
- ✦ Directed the agenda priorities and activities of regional and statewide planning bodies charged with population-specific needs and priorities.
- ✦ Supervised professional staff and facilitated bureau wide training for staff.
- ✦ Generated bureau reports and assisted with reports as required by federal and state guidelines and facilitated the writing and process of grant resolicitations.
- ✦ Represented the bureau director in executive and provider meetings.
- ✦ Coauthored HIV -Mental Health curriculum for case managers and consumers.
- ✦ Served as member of Mental Health Clinical Guidelines Committee; HIV Education and Training Collaboration; Strategic Planning and Quality of Care and Quality Management workgroups.

Armon
4/00 to 3/05

Director, Mental Health Initiative

New York State Department of Health, AIDS Institute
Health Research Inc.
Albany, NY

Responsibilities:

- ✚ Designed, developed and evaluated a mental health initiative for people living with HIV/AIDS.
- ✚ Planned, co-coordinated and facilitated statewide workgroups and provider meetings.
- ✚ Monitored compliance and provided technical assistance to agency directors and clinical providers.
- ✚ Assessed and responded to education and training needs and provided educational presentations to staff, providers and consumers.
- ✚ Served as liaison to other units within the AIDS Institute, and to statewide programs on issues related to mental health.
- ✚ Assisted the Office of the Medical Director with the development of quality improvement and clinical guidelines.
- ✚ Collected and analyzed data on fiscal components of mental health funding. Collaborated with bureau directors in development of Medicaid Revenue Policy.
- ✚ Designed statewide mental health consumer forums; collaborated with AI staff and contracted trainers on curriculum development and project implementation.
- ✚ Supervised professional staff.

11/98 to 4/00

Senior Health Planner

New York State Department of Health, Office of Rural Health
Health Research Inc.
Albany, NY

Responsibilities:

- ✚ Contract Management that included project monitoring of network program and fiscal compliance (state contracts).
- ✚ Policy analysis and Provision of technical assistance and resources to providers and contractors.
- ✚ Project Analyst for Rural Health, Managed Care project: liaison to consultant and project advisory group; development of project reports; organization and participation in project evaluation, presentations and site visits.

1/95 to 10/98

Quality Assurance and Managed Care Specialist

Rensselaer County Department of Mental Health, Unified Services
Troy, NY

Responsibilities:

- ✚ Assisted County Mental Health Commissioner with transition of clients from Medicaid to Managed Care: contract review, negotiation and management; staff education and credentialing; policy and program development.
- ✚ Liaison to Managed Care Organizations, providers, county DSS and attorney with pilot Medicaid MCO project for recipients of Medicaid.
- ✚ Co-supervised Intake and Referral Unit.
- ✚ Clinical assessments of children and families, coordinated care management.

6/93 to 1/95

Nurse Clinician and Educator

Parsons Child and Family Center
Albany, NY

Responsibilities:

- ✚ Case management and clinical assessment and nursing treatment of children and adolescents in Psychiatric Day Treatment program.
- ✚ Policy development, implementation and evaluation (medical, infectious disease, emergency care, and mental health).
- ✚ Staff, patient and family health education.

Armon
11/86 to 5/93

Nurse Clinician and Staff Development

Four Winds Hospital
Saratoga Springs, NY

Responsibilities:

- ✚ Clinical Assessment and treatment of adolescent and young adult clients with mental illness and addiction behavior both in-patient and partial hospitalization.
- ✚ Collaborated with treatment team and patient on development of treatment plan.
- ✚ Patient and family health education.
- ✚ Provided individual, group and family therapy.
- ✚ Supervised nurses and mental health workers and provided staff training.
- ✚ Participated in Quality Assurance and Utilization Review.
- ✚ Development of career ladder, served as mentor to nursing students.

11/85 to 11/86

Nurse Clinician

Children's Hospital Medical Center
Washington, DC

Responsibilities:

- ✚ Clinical assessment and nursing treatment of children and adolescents with psychiatric and medical illness.
- ✚ Patient and family health education.

3/79 to 11/85

ICU Staff Nurse

Albany Medical Center, The Children's Hospital
Albany, NY

Responsibilities:

- ✚ Provide assessment and nursing care to children and adolescents with serious medical illness, post-operative care and life threatening injuries
- ✚ Patient and family health education

CERTIFICATE/LICENSE:

Nurse Practitioner in Psychiatry, NYS Certificate #: F401338
Registered Professional Nurse, NYS License #: 375219
American Nurses Credentialing Center (ANCC) Certification,
Adult Psychiatric and Mental Health Nurse Practitioner, Certificate # 2010016387

**PROFESSIONAL
MEMBERSHIP:**

- ✚ American Psychiatric Nurses Association, Tobacco Dependence Council
Advanced Practice RN Council Expert Panel member

COMMUNITY ACTIVITIES:

- ✚ Ride for Roswell Park Cancer Institute
- ✚ Pan Mass Challenge Fundraising bike-a-thon, Dana-Farber Cancer Institute
- ✚ Team in Training Marathon for The Leukemia and Lymphoma Society

TRAININGS:

- ✚ CPR Certification, April, 2011
- ✚ Certification, Smoking Cessation Facilitator, March, 2010
- ✚ Treating Tobacco Dependence in Mental Health Settings
UMDNJ Robert Wood Johnson Medical School, November 2007
- ✚ The Challenge of Promoting Health in Person with Serious Mental Illness
Boston University Center for Psychiatric Rehabilitation, March 2007
- ✚ NYS Department of Health Mentor/Protégé Program, March 2001 to March 2002

Armon

PRESENTATIONS:

- ✚ Assessment and Treatment of Tobacco Dependence in Behavioral Health Programs – Webinar, 2011
- ✚ Assessment and Treatment of Tobacco Dependence in People with Serious Mental Illness in Personalized Recovery Oriented Programs, PROS Academy, New York Association of Psychiatric Rehabilitation Services, 2011
- ✚ NYS OMH LifeSPAN, NY Association on Independent Living Conference, 2010
- ✚ Assessment and Treatment of Tobacco Dependence in Behavioral Health Programs, Albany County Health and Mental Health Department, 2010
- ✚ Assessment and Treatment of Tobacco Dependence, Sage Nursing Program, 2009
- ✚ NYS OMH LifeSPAN, NYS Nurse Practitioner Association Convention, 2009
- ✚ NYS OMH LifeSPAN Webinar, NASMHPDs Morbidity and Mortality Report, 2008
- ✚ Tobacco Dependence and Nicotine Replacement Therapy for People with SMI, Webinar Panel Member, 2008
- ✚ LifeSPAN in Community Mental Health Settings:
Association for Community Living, Saratoga Springs, NY, 2008
Community Service Leaders meetings, NYC, and Syracuse, 2008
Rockland County NAMI, 2008
MHA Columbia-Greene, 2008
- ✚ Mental Health, HIV/AIDS and Substance Use:
An Integrated Approach to Serving Diverse Communities in New York State
Association of Nurses in AIDS Care, Latham, New York, 2003
- ✚ Mental Health, HIV/AIDS and Substance Use:
An Integrated Approach to Serving Diverse Communities in New York State
World Assembly for Mental Health Conference
Vancouver, BC, Canada, 2001
- ✚ Alice's Adventures in Managed Care Land and Through the Gatekeeper
Parsons/Empire State College Fall Institute, Albany, 1996
- ✚ Sustaining Value Roles: Supported Education in the Inpatient Setting
Rehabilitation of Children and Young Adults with Psychiatric Disabilities Conference, Tampa Florida, 1993