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Jonathan Foulds, PhD, is a Professor of Public Health Sciences at Penn State University, College of Medicine. After obtaining a first class honors degree in psychology at University of Aberdeen in Scotland, he trained as a clinical psychologist at the University of Glasgow, and then spent most of his career developing and evaluating methods to help smokers beat their addiction to tobacco. He obtained his PhD at the Institute of Psychiatry, University of London and then worked at St George's Hospital Medical School as the UK's first "lecturer in tobacco addiction." He then moved to University of Surrey and continued to work as a principal clinical psychologist at Brookmoor Hospital, a large maximum security facility for mentally disordered offenders. He was on the Management Group of the Hungarian Anti-Smoking Campaign (1995-6), has been a technical leader of a World Health Organization project to improve the regulation of tobacco dependence treatment in Europe (2000), and was Director of Research for the UK charity, Quit, which ran the largest telephone helpline for smokers in the world at that time.

He was director of the Tobacco Dependence Program at UMDNJ-School of Public Health in New Jersey for 10 years, and during that period the program published over 90 papers on tobacco. He was a founding member and Vice President of the Association for the Treatment of Tobacco Use and Dependence (ATTUD) 2004-6. In the U.S., he has been a principal investigator on grants totaling well over \$7 million, and has been invited to speak on smoking cessation in 15 countries. He has published over 80 papers on tobacco in peer-reviewed scientific journals and continues to treat addicted smokers, teach on smoking cessation and conduct research on tobacco and health at Penn State College of Medicine in Hershey, PA.