



Dr. Paul Oh is Medical Director of the Cardiac Rehabilitation and Secondary Prevention Program and a Scientist at the Toronto Rehabilitation Institute.

A leading expert on the role of exercise in rehabilitation, he has studied exercise interventions in a variety of patient populations. Current research focuses on how exercise affects cardiovascular health and on ways of optimizing exercise interventions.

Dr. Oh received his MD from the University of Toronto, and is a fellow of the Royal College of Physicians and Surgeons of Canada, with accreditation in clinical pharmacology. He also holds a Master's degree in Clinical Epidemiology.

Dr. Oh has received numerous awards for teaching and research and is the author of many peer-reviewed papers.