

Thinking About Quitting?

Talk Health care
with your **Provider**

For additional support:
1-866-697-8487 | nysmokefree.com



Talking with your Healthcare Provider:

Increase your success in quitting smoking!
Try saying –

- 1 I'm thinking about quitting smoking, can you help me?
- 2 What quit-smoking medications would you suggest?
- 3 Could you prescribe me medications covered by my health plan?

Developed for the New York State Quitline.

